



TREATMENT INSTRUCTIONS | LASER VASCULAR/VEIN REMOVAL

(Patient Take Home)

BEFORE TREATMENT

- Avoid tanning area including tanning beds, spray tan, and sun for a minimum of six weeks.
- Stop use of exfoliants on treated area one week before including, Renova, Glycolic Acid.
- Avoid Makeup on area to be treated.
- Avoid use of blood thinning drugs like aspirin, Vitamin E, Gingko Biloba for two days before and after your treatment.
- Any change in medical history, medications or skincare treatments/products must be disclosed prior to treatment.

AFTER TREATMENT

- You may have transient redness, swelling, itching, and burning for a few minutes up to 48 hours. You may apply Aloe Vera or cold compress.
- Avoid direct sunlight. Use sunscreen with SPF 30 or higher.
- Do not apply make-up until redness has subsided.
- Avoid hot showers for 24 hours. Use cool water and gentle cleansers for 48 hours.
- Small scabs may develop over areas 24-48 hours following your treatment. Keep areas well moisturized and allow to fall off on their own.
- Veins may appear darker after treatment; allow 2-4 weeks for full resolution of treated vein to occur.

FOLLOW UP

- Follow up treatments should be scheduled every 4-6 weeks.
- Consistent repeated treatments will produce best resolution of vascular lesion of vein.